

Secrets We Keep

Choreographed by Shane, Guillaume & Niels

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Type of dance: 40 counts, 2 walls, nightclub
Level: High intermediate
Music: **The secrets that we keep** by Sara Evans. Track length: 3.39 mins. Buy on iTunes etc
Intro: Start after 16 counts. **Start with weight on L** ☺
Restart: On Wall 5 (starts at 12:00), after 8 counts, facing 12:00 again ☺
Tag: On walls 1 and 3, after 40 counts, each time facing 6:00: Step back R sweeping L to L side (1), step back L sweeping R to R side (2)

Counts	Footwork	End facing
1 – 8	R back rock, ¼ L side, cross touch behind, unwind ½ L into L lunge, ¼ sweep, cross side back rock, ½ R back L	
1 – 2&	Rock back on R (1), recover on L (2), turn ¼ L stepping R to R side (&)	9:00
3 – 5	Touch L behind R (3), unwind into ½ L on R foot lunging L to L side (4), recover onto R turning ¼ R and sweeping L fwd (5)	6:00
6&	Cross L over R (6), step R to to side (&)	6:00
7 – 8&	Rock straight back on L (7), recover onto R (8), turn ½ R on R stepping L back (&)... *restart on wall 5	12:00
9 – 17	Back R sweep, behind side, cross rock, side cross, L basic, ¼ L, 2 full turns L, sweep	
1	Step R back sweeping L to L side (1)	12:00
2&3&	Cross L behind R (2), step R to R side (&), cross rock L over R (3), recover back on R (&)	12:00
4&	Step L to L side (4), cross R over L (&)	12:00
5 – 6&	Step L a big step to L side (5), close R behind L (6), cross L over R (&)	6:00
7&8&1	Turn ¼ L stepping back on R (7), turn ½ L stepping L fwd (&), turn ½ L stepping R back (8), turn ½ L stepping L fwd (&), turn ½ L stepping R back sweeping L out to L side (1). <i>Non-turny option: step R to R side (7), cross L behind R (&), step R to R side (8), cross L over R (&), turn ¼ L stepping R back and sweep L out to L side (1)</i>	9:00
18 – 24	Behind side, cross rock, side L 1/8 L, walk R L, touch R, press slide, L full turn	
2&	Cross L behind R (2), step R to R side (&)	9:00
3 – 4&	Cross rock L over R (3), recover back R (4), step L to L side turning body towards 7:30 (&)	7:30
5 – 6	Walk R fwd (5), walk L fwd (6)	7:30
7&8&	Touch ball of R foot fwd (7), press down on R foot sliding L foot back (&), turn ½ L stepping L fwd (8), turn ½ L stepping R back (&)	7:30
25 – 32	Back L R, L coaster sweep 1/8 L, weave sweep, behind side, cross rock, side rock,	
1&	Run back on L (1), run back on R (&)	7:30
2&3	Step back on L (2), step R next to L (&), step L fwd turning 1/8 L and sweeping R fwd (3)	6:00
4&5	Cross R over L (4), step L to L side (&), cross R behind L sweeping L to L side (5)	6:00
6&7&	Cross L behind R (6), step R to R side (&), cross rock L over R (7), recover back on R (&)	6:00
8&	Rock L to L side (8), recover onto R (&)	6:00
33 – 40	L back rock, ¼ R, ¼ R sway X 3, ¼ L hitch, run curvy ¼ L turn, fwd together, back RL	
1 – 2&	Rock back on L opening up in body to L diagonal (1), recover onto R (2), turn ¼ R stepping L back (&)	9:00
3 – 4&	Turn ¼ R stepping R to R side swaying body R (3), sway body L (4), prep body R (&)	12:00
5 – 6&	Turn ¼ L onto L foot hitching R knee (5), turn 1/8 L stepping R fwd (6), turn 1/8 L stepping L fwd (&)	6:00
7&	Step R fwd (7), step L next to R (&)	6:00
8&	Run back on R (8), run back on L (&)	6:00
	Start again	

Ending	Finish wall 6 (ends facing 6:00). Then turn ¼ R stepping R to R side and look to the front wall placing your R index finger on your lips to indicate 'the secrets that we keep'... ☺	12:00
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